

NIDIL and INCAPROTECT YOU IN CASE OF INJURY

Even self-employed couriers or those with collaboration contracts are covered by INAIL insurance.

If you get injured while working or on your way to work, you are entitled to:

- Economic compensation for lost workdays
- Payment in case of permanent damage
- Free medical care
- Recognition of occupational diseases

IMPORTANT
To be protected,
you must report your injury!

WHAT TO DO INCASE OF AN INJURY?

- Go to the emergency room immediately and specify that it is a work-related injury.
- Obtain the medical certificate sent to INAIL
- With the certificate, go to the nearest **NIdiL** or **INCA** office.
- Report the injury to the **platform**, providing the certificate code

CONTACT NIdIL OR INCA IMMEDIATELY: FREE ASSISTANCE FOR YOUR CLAIMS



PROTECTYOURSELF: SAFETY FIRST!

Platforms must provide you with PPE (Personal Protective Equipment) always use them:

- HELMET
 Protects against serious injuries
- REFLECTIVE JACKET Makes you visible at night
- FRONT/REAR LIGHTS
 Mandatory for road safety
- BELLAND REFLECTORS Essential to make yourself noticed

Without PPE, always carry your own ride safely!



WORK SALELY PROTECT YOUR UP STAND STAND UP STAND UP FOR YOUR IT GET SELF

FOLLOW TRAFFIC LAWS: PROTECT YOUR LIFE AND YOUR WALLET!

Non-approved or modified bike

Fine up to € 3,382

Running a red light

Fine up to €800 and risk of accidents

Lights always on

Mandatory even during the day in low visibility

No riding in bus lanes

Dangerous and prohibited

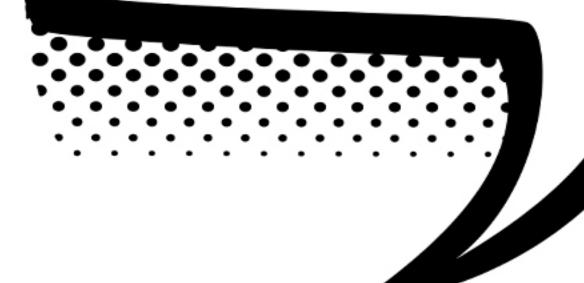
No riding against traffic

Avoid collisions and fines

FOLLOW THE RULES, PROTECT YOURSELF AND YOUR EARNINGS!

BIKE MAINTENANCE:

A SMALL GESTURE FOR GREAT SAFETY





Check brakes, chain, tires, and battery (if e-bike)

Perform regular checks to reduce the risk of accidents





YOUARENOT ALONE!

NIdiL CGIL and the INCA Patronage help you obtain the protections you deserve, free of charge.

rider@nidil.cgil.it









NIdiL CGIL Offices INCA CGIL Offices