

CONTACT NIDL OR INCA IMMEDIATELY: FREE ASSISTANCE FOR YOUR CLAIMS

- 1 Go to the emergency room immediately and specify that it is a work-related injury.
- 2 Obtain the medical certificate sent to INAIL.
- 3 With the certificate, go to the nearest NIDL or INCA office.
- 4 Report the injury to the platform, providing the certificate code.

WHAT TO DO IN CASE OF AN INJURY?



YOU ARE NOT ALONE!

NIDL CGIL and the INCA Patronage help you obtain the protections you deserve, free of charge.

rider@nidil.cgil.it



NIDL CGIL Offices INCA CGIL Offices

IMPORTANT To be protected, you must report your injury!

- Recognition of occupational diseases
- Free medical care
- Payment in case of permanent damage
- Economic compensation for lost workdays

If you get injured while working or on your way to work, you are entitled to:
Even self-employed couriers or those with collaboration contracts are covered by INAIL insurance.

NIDL and INCA PROTECT YOU IN CASE OF INJURY



STORAI 2024



PROTECT YOURSELF: SAFETY FIRST!

Platforms must provide you with **PPE (Personal Protective Equipment)** always use them:

- **HELMET**
Protects against serious injuries
- **REFLECTIVE JACKET**
Makes you visible at night
- **FRONT/REAR LIGHTS**
Mandatory for road safety
- **BELL AND REFLECTORS**
Essential to make yourself noticed

Without PPE,
always carry your own
ride safely!



**RIDERS
FOR RIGHTS**

**WORK SAFELY,
PROTECT YOURSELF
AND STAND UP
FOR YOUR RIGHTS!**

FOLLOW TRAFFIC LAWS: PROTECT YOUR LIFE AND YOUR WALLET!

Non-approved or modified bike

👉 Fine up to € 3,382

Running a red light

👉 Fine up to € 800 and risk of accidents

Lights always on

👉 Mandatory even during the day in low visibility

No riding in bus lanes

👉 Dangerous and prohibited

No riding against traffic

👉 Avoid collisions and fines

**FOLLOW THE RULES,
PROTECT YOURSELF
AND YOUR EARNINGS!**

BIKE MAINTENANCE:

**A SMALL GESTURE
FOR GREAT SAFETY**

**Check brakes, chain,
tires, and battery
(if e-bike)**

**Perform regular checks
to reduce the
risk of accidents**